

TERM 2 2024 AT THE DEN

5 TARA ST., MORLEY. PH 9375 1985



Happy Feet Fitness

Every Friday 11-11.45am

Starting Friday 19th Jan

\$10.50 per session

This fun interactive session has lots of dancing, games, education and magic . Suitable for children 18mth– 5 yrs



Rockin Bops

This fun interactive live music session is full of songs, games, instruments and singing helping build confidence.

Monday's 10-11am, casual \$12.50 per child with \$5 for extra child

Childcare children need to fill in enrolment .



Signing Hands

Wednesdays 2-3pm Babies, 3-4pm Toddlers, 4-5pm Kindy

**Bookings Essential—
Call Debbie on 0437 803 978**

Babies from 6 months are taught basic sign language alongside speech, to help them communicate with their parents & carers long before speech is possible.



Playgroups

Tuesdays and Thursdays 9.30-11.30am — Starting

Tue 16th & 18th April 11 week term

These fully facilitated groups are fun, social and interactive. With lots of fun play activities, craft and Mat sessions. For children age 0-5 .

Just bring a piece of fruit and a hat for outside play.

\$5 for one child

\$8 for a Family



Playgroups with Pride

Every Tuesday 1-3pm , starting

Tuesday 30th Jan

\$5 per child or \$8 for a family



This playgroup is for LGBTQ parents with their children. A fun social group with craft activities and songs.

Do you teach something ? Or need space to run a group/workshop ?

Contact Jo our Community Development officer to discuss our great low room rates and spaces available.

Email : community@bayswaterchildcare.com.au

Please note we do not take bookings for parties



Meditation & Mindfulness

New Moon & Full Moon Intentions

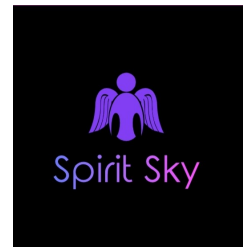
A Safe space to nourish your body, Mind & Soul, take time for selfcare,

Learn grounding techniques, set positive intentions.

Relax and enjoy some Reiki Energy healing during your Meditation.

Bookings—Carmen 0403 939 459

Dates for the new year to be advised



Here at the DEN we pride ourselves in being a safe space.

If you need help, advice, support or referrals please see one of our friendly staff. We have supportive contacts in Domestic Violence, Parenting, Refugee trauma, LGBTQI support and much more.



Connect with your inner self and find space in mind and body ~

Mondays 6.30-7.30pm

\$15 per session

All levels welcome

Bookings at www.beyouga.com.au



Here at the DEN we are constantly striving to make changes for the better. Sustainability and environment are important factors moving forward. Promoting and helping families recycle is just one step we are making towards zero waste. Please check out our new recycle stations.



Keep up to date with all that's going on at the centre. Find us on Facebook and Instagram



Also Run at this Centre

Family First Aid— www.familyfirstaid.com.au or

Call 08 9275 6666

Woman within Australia— Womens Circle
www.womanwithinaustralia.org

LETS GIVE BACK

Here at the DEN we pride ourselves in helping out where ever we can to different charities.

Check out what our latest Charity pick is in the front foyer

WE BELIEVE
IN MAKING
A DIFFERENCE



FREE Programs at The DEN

Parents and Bubs Programs

These awesome FREE workshops supported by City of Bayswater

with the help of—The DEN, Royal Lifesaving and Nikki Di Costa— Core Health Shift.

Nutritionist—Sarah Moore

HeartBeat Club

Parent First Aid - Friday 31st May & 7th June

9.30am-12.30pm

Mums and Bubs Yoga

Wednesday's 22nd ,29th May , 5th, 12th, June

9.30-10.30am

Healthy Lunchbox Tip and tricks

Friday 14th June

9.30-10.30am

Bookings will be essential for all these programs through

bayswaterhealthandwellbeing.eventbrite.com

FREE

Computers for Beginners

Tuesdays 12-1pm



This fantastic free class helps with basic computer needs such as emails, web browsing, word documents and more. Bring your laptop or borrow one of our up to date laptops for class.

Preloved Clothing Events

Time to clean out your families wardrobe ! Bring what you don't need any more –no obligation (in good condition) and take home some amazing new things for you and your family

- * Clothes (kids and adults)
- * Shoes
- * Toys
- * Homewares



WHEN : Friday 17th May & 28th June

9-10.30am

COST : No cost involved every thing is FREE



Also run at our Centre

Read,Write Now

www.read-write-now.org or call 1800 018 812

Read-Write Now!

Communicare—Parent Next Program

Email– parentsnext@communicare.org.au

Ph 9251 5777



FREE

Adults English Class



Tuesdays 10-12 noon

This friendly informal class is for all levels and abilities.

No need to book, you can just turn up



Occasional Childcare



Here at the DEN we offer an amazing flexible and affordable childcare service. Families have the ability to book on a casual or permanent basis, and only pay for the hours they use. There is no charges for cancellations or public holidays . We are open Monday—Friday 8.00am to 4.30pm, The centre is closed public holidays and over the Christmas and New year period.

We have Three amazing fun packed and educational rooms — Babies 0-2yrs, Toddlers 2-3yrs , Kindy 3-5yrs

Cost of Care is \$20 per hour before Childcare subsidy is applied. Please see reception for enquiries and enrolment details.

Babies Room



Our babies room is for our precious little bubs 6 weeks—2yrs.

This is the age were we discover lots of new things. We explore our world through touch, taste, sight and smell.

We are comforted with lots of hugs, grow and learn with each new adventure. And rest in our cosy sleep room.

Toddlers Room

In our fun Toddlers room ages 2-3yrs we start to expand our personalities. We explore and learn new experiences through play .

We start our journey into independence all with the guidance off our caring staff.



Kindy Room

In this amazing space our 3-5yr old's are getting prepared to start their journey in to school. With the help of our qualified Teacher we explore different learning techniques . We engage in matt sessions, self help skills, education, feelings and much more.



Did you know we have other centers ?

Before and After School care and Vac care

Morley - 9275 8887

Maylands - 9272 7732

Bayswater— 9272 4848

Long Daycare

Noranda - 9275 3877

Salisbury - 9370 4050

Silverwood - 9275 1268



Government of **Western Australia**
Department of **Communities**